



I am writing to you on behalf of THE HARCOURT APPLEFEST to inform you and your members of a major event that we are running on Sunday 13th March 2011.

The inaugural HARCOURT APPLEFEST DUATHLON will be held at the Harcourt Tavern on Sunday the 13th of March 2011. A challenging course has been designed to give all participants a taste of the magnificent Harcourt Valley whilst rewarding the competitive spirits of all that compete.

The event will be run over two distances to ensure that athletes of all levels can participate. Teams too, are welcome to compete but over the shorter distance only.

The Long course will involve a 4k run, a 20k ride and a 2k run. The short course will be half this distance 2/10/1.

All roads will be marshalled and a compulsory briefing will be carried out prior to the event start.

The Duathlon will start at 9AM sharp from the car park of the Harcourt Tavern. Cost of the event will be \$15 for the individual and \$20 for a team. The entry fee also includes a breakfast at The Tavern at race end where winners will be acknowledged.

The two races will be run concurrently.

I am contacting all appropriate clubs to inform them of this event. We would like to run this event as an annual race in conjunction with The Harcourt Applefest.

As we are not taking pre race entries, entries will be taken from 8AM on the morning and will close sharp at 8.50AM.

Thank you and kind regards

Peter Grant
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16/1/11

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